

The Our Father



After viewing Fr. Swink's meditation, deep dive deeper by meditating line-by-line on the Our Father. Ask the Holy Spirit for guidance and be aware of which part of the prayer touches you the most.

OUR FATHER:

WHO ART IN HEAVEN:

HALLOWED BE THY NAME:

THY KINGDOM COME:

THY WILL BE DONE, ON EARTH AS IT IS IN HEAVEN:

GIVE US THIS DAY OUR DAILY (SUPERSUBSTANTIAL) BREAD:

AND FORGIVE US OUR TRESPASSES, AS WE FORGIVE
THOSE WHO TRESPASS AGAINST US:

AND LEAD US NOT INTO TEMPTATION:

BUT DELIVER US FROM THE EVIL ONE:
